PLANT FACT SHEET

Monizia edulis Lowe

GENUS *Monizia* **FAMILY** Apiaceae

COMMON NAMES Carrot tree

EDIBLE PARTS AND USES

Edible parts: Root

The roots are eaten raw or cooked.

DESCRIPTION

A plant that grows 1.2 m tall. It grows for a few years then flowers and dies. It has one stout, single stem with a ring of leaves at the top. The flowers are greenish-white and in a large flat topped group.

HABITAT

It is a Mediterranean climate plant. It grows on rocky coasts. It needs a sunny position and moderately fertile well-drained soil.

PRODUCTION

Cultivation

Plants can be grown from seeds.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Fern, K., 2012, Tropical Species Database http://theferns.info/tropical/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fd0001b7-84d1-41e5-8d77-e8d37cd88d02