PLANT FACT SHEET

Blepharis linariifolia Pers.

GENUS *Blepharis* **FAMILY** Acanthaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are boiled in milk and taken as a tonic. They are also cooked as a vegetable.

DESCRIPTION

A low-growing wiry herb. It has prickly bracts. It grows 30 cm high.

HABITAT

A tropical plant. It grows in drier regions and the Sahara.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fd04994b-aaed-4b21-a83a-8cc66638c901