PLANT FACT SHEET

Polygonatum vulgare Gueldenst.

GENUS *Polygonatum* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root

The underground stem or rhizome is eaten.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

There are about 50 Polygonatum species.
Also put in the family Convallariaceae.

REFERENCES

Famine Foods Purdue University
READ,

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fd12396a-532d-4fe5-9e58-9ba6299c76af