PLANT FACT SHEET

Porophyllum linaria (Kunth) DC.

GENUS *Porophyllum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten as a vegetable. It is also used for flavour meats.

DESCRIPTION

A herb. It can lie along the ground or be erect and can grow for one or more years. It grows 10-50 cm tall.

HABITAT

It is a subtropical plant. It grows between 1,200-2,500 m above sea level.

PRODUCTION

Cultivation

It can be grown by seed.

REFERENCES

Arellanes, Y., et al, 2013, Influence of traditional markets on plant management in the Tehuacan Valley. Journal of Ethnobiology and Ethnomedicine 9:38

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Rangel-Landa, S., et al, 2017, Sociocultural and ecological factors influencing management of edible and non-edible plants: the case of Ixcatlan, Mexico. Journal of Ethnobiology and Ethnomedicine. 13:59

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fd1ea26d-20f9-4a6f-bf0b-4ab9e97e1957