PLANT FACT SHEET

Pennisetum unisetum (Nees) Benth.

GENUS *Pennisetum* **FAMILY** Poaceae

COMMON NAMES Duncan grass

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The seeds are cooked and eaten as a cereal.
They are also used to make an alcoholic drink. Caution: Alcohol is a cause of cancer.

DESCRIPTION

A grass. It forms tufts and keeps growing from year to year. It grows 3.5 m high. The stalks are 1.5 cm across. The leaves are firm and taper to the tip.

HABITAT

A tropical plant. It grows in deciduous woodland and wooded savannah in shady places from the lowlands to the mountains in West Africa.

NOTES

There are about 100 Pennisetum species.

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