PLANT FACT SHEET

Sparganophorus sparganophora (L.) C. Jeffrey

GENUS *Sparganophorus* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It keeps growing from year to year.

HABITAT

It is a tropical plant. It grows in wet grassland savanah.

REFERENCES

Codjia, J. T. C., et al, 2003, Diversity and local valorisation of vegetal edible products in Benin. Cahiers Agricultures 12:1-12

Dansi, A., et al, 2008, Traditional leafy vegetables and their use in the Benin Republic. Genet Resour Crop Evol (2008) 55:1239–1256

Liengola, I. B., 2001, A contribution to the study of native edible plants by the Turumbu and Lokele of the Tshopo District, Province Orientale, D. R. Congo. Syst. Geogr. Pl. 71:687-698

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fd4cc67b-a453-42cf-88fa-2461959ac534