PLANT FACT SHEET

Siler montanum Crantz

GENUS *Siler* **FAMILY** Apiaceae

COMMON NAMES Laserwort

EDIBLE PARTS AND USES

Edible parts: Roots, Seeds, Spice

The roots and seeds are used as a spice.
The seeds are used to flavour a liqueur.

DESCRIPTION

A herb. It forms clumps. It grows 30-100 cm tall. The leaves are alternate and twice divided. The flowers are whit and in groups.

HABITAT

It grows in the mountains. It grows in gorges and rocky slopes between 800-2,250 m above sea level.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, 19 (As Laserpitium siler)

http://www.botanic-gardens-ljubljana.com/en/plants (As Laserpitium siler)

Seidemann J., 2005, World Spice Plants. Economic Usage, Botany, Taxonomy. Springer. p 198 (As Laserpitium siler)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fd5e52de-78d6-4c5c-b397-c578efee6ddf