PLANT FACT SHEET

Jarilla heterophylla (Cerv. ex La Llave) Rusby

GENUS *Jarilla* **FAMILY** Caricaceae

COMMON NAMES Jarilla, Chocola

EDIBLE PARTS AND USES

Edible parts: Fruit, Root

The fruit are eaten raw and also cooked. They are used for making preserves.
The root tubers are baked in hot ashes and eaten.

DESCRIPTION

A leafy succulent herb. It grows 1 m tall. It has erect tubers from which it can re-grow. The fruit are 8-10 cm long. They are mottled green and white. They have 4-5 spike like projections. The pith is white with many seeds.

HABITAT

A tropical plant. It grows between 240-1,000 m above sea level.

NOTES

There is only one Jarilla species.

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