PLANT FACT SHEET

Tillandsia erubescens Schltdl.

GENUS *Tillandsia* **FAMILY** Bromeliaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten for their sweetness.
Tillandsia sp. is used as a water supply for cooking during the dry season.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant.

NOTES

There are 411 Tillandsia species. They grow in other plants but don't get their food from them.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 62

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Linskens,

Laferriere, J. E., et al, 1991, Use and Nutritional Composition of Some traditional Mountain Pima Plant Foods J. Ethnobiol. 11(1):93-114 (Figures on dry weight basis)

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 563 (As Tillandsia sp.)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fd5eacd2-e921-43a1-a356-e9265c1f9dd3