PLANT FACT SHEET

Alsophila cuspidata (Kunze) D. S. Conant.

GENUS *Alsophila* **FAMILY** Cyatheaceae

EDIBLE PARTS AND USES

Edible parts: Rhizomes, Leaves

The rhizomes are grated and boiled.

DESCRIPTION

A tree fern.

HABITAT

It is a tropical plant.

REFERENCES

Barfod, A. S. & Kvist, L. P., 1996, Comparative Ethnobotanical Studies of the Amerindian Groups in Coastal Ecuador. The Danish Academy of Sciences and Letters. p 80 (As Nephelea cuspidata)

Kew Plants of the World On line

Torre, de la L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 125

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fdb91e07-4829-4161-b109-20cbfae8f682