PLANT FACT SHEET

Erysimum cheiranthoides L.

GENUS *Erysimum* **FAMILY** Brassicaceae

COMMON NAMES Wormseed mustard

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves

The young shoots are eaten.

DESCRIPTION

An annual herb. It has soft hairs. It grows 10-50 cm high. The leaves have short stalks. They are narrowly sword shaped and 2-5 cm long by 2-5 mm wide. They can be wavy and have teeth along the edge. The flowers are yellow and in groups at the top of the plant. The pods are narrow and 3-4 cm long. They are hairy.

HABITAT

It is a temperate plant. A weed that grows in waste places. In north and west China it grows between 800-3,000 m above sea level. In Argentina it grows below 500 m above sea level.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fdbed24a-e36b-475d-a25c-ba1af61e6c2a