



PLANT FACT SHEET

Areca ipot Becc.

GENUS *Areca* FAMILY Arecaceae

COMMON NAMES Bungang-ipot

EDIBLE PARTS AND USES

Edible parts: Nuts, Palm heart, Cabbage

The nut is occasionally used as a betel substitute.

The palm heart is edible.

DESCRIPTION

A palm like betel nut but smaller and more slender. It grows to 3.5-4.5 m high. It has a single trunk and has distinct rings due to leaf scars. The trunk is 8-12 cm across. The crown-shaft due to the leaf bases is swollen. The crown spreads 3 m across. The leaves have a mixture of wide and narrow leaflets on the one leaf. The ends of the leaflets are ragged. The flowering stalk comes below the crown-shaft. The fruit are red when ripe and 5 cm long. The seed are oval but flattened at one end.

HABITAT

A tropical and subtropical palm. It does best in a shady position and needs plenty of water. It suits hardiness zones 11-12. In the Cairns Botanical Gardens.

PRODUCTION

Cultivation

Plants are grown from fresh seed. Seed germinate quickly.

Harvesting and Seed Production

The plant grows quickly.

NOTES

There are 60 *Areca* species. They are tropical.

PICTURES



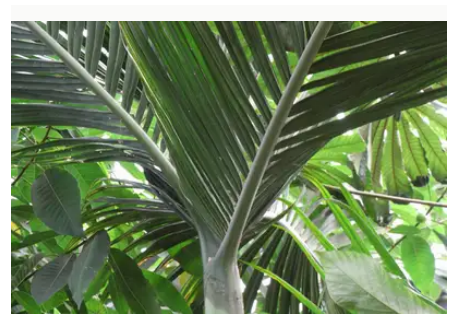
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