PLANT FACT SHEET

Ziziphus montana W. W. Sm.

GENUS *Ziziphus* **FAMILY** Rhamnaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten raw.

DESCRIPTION

A shrub or small tree. It can grow 14 m tall. It has spines. The young branches have a red coating. The leaves are pale green underneath. The flowers are greenish and there can be up to 10 in a cluster. The fruit is yellowish brown and often curved.

HABITAT

It is a subtropical plant. In Yunnan and Sichuan. It grows between 1,400-2,600 m above sea level.

REFERENCES

Flora of China,

Geng, Y., et al, 2016, Traditional knowledge and its transmission of wild edibles used by the Naxi in Baidi Village, northwest Yunnan province. Journal of Ethnobiology and Ethnomedicine. 12:10

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fdc70bbe-4acb-4a3a-931f-1ce5d3bf8c82