PLANT FACT SHEET

Gypsophila vaccaria (L.) Sm.

GENUS *Gypsophila* **FAMILY** Caryophyllaceae

COMMON NAMES Cow cockle, Cow basil, Forbidden Palace Flower

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Flavouring, Spice

The leaves and young stems are used in stews.

DESCRIPTION

A erect annual herb. It is hairless. The leaves are bluish green. They are oval or sword shaped and do not have teeth. The flowers are pink to dark purple. They are 8-16 mm across. They have long stalks. The fruit is a capsule 15 mm long. There are 15-20 seeds.

HABITAT

It is a temperate plant. It grows on waste land and other cultivated land. Tasmania Herbarium.

NOTES

There are 4 Vaccaria species. The seeds are used in medicine.

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