



PLANT FACT SHEET

Atriplex vesicaria Heward ex Benth.

GENUS *Atriplex* FAMILY Amaranthaceae

COMMON NAMES Bladder saltbush

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves

CAUTION: It contains saponins.

DESCRIPTION

A small shrub. It grows 0.5-1 m high and spreads 1-2 m across. The branches are erect. The leaves are 1-3 cm long by 2 cm wide. The base tapers to the stalk. There are small teeth along the edge. The leaves are silvery grey. The flowers are small. The male flowers are in dense clusters 2.5 cm long. The female flowers are in clusters in the axils of the lower leaves. The fruit is bladder like. It is 1.5 cm wide. There is a hard nut inside.

HABITAT

It grows in inland Australia. It will grow in heavy alkaline soils. It can tolerate frost and drought. It will grow in salty soils. It can grow in arid places.

PRODUCTION

Cultivation

Plants can be grown by seed or cuttings.

NOTES

There are about 100-300 *Atriplex* species. They have also been put in the family Chenopodiaceae.

PICTURES



Credit: Food Plants International (Bruce French)



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