



PLANT FACT SHEET

Lilium nepalense D. Don

GENUS *Lilium* FAMILY Liliaceae

COMMON NAMES Nepal Lily

EDIBLE PARTS AND USES

Edible parts: Root, Bulbs, Flavouring, Leaves

The boiled bulbs are eaten.

The leaves are cooked as a vegetable.

DESCRIPTION

A herb and bulb plant. The bulb is 2 cm across. The plant grows to 1.5 m high and spreads 30-45 cm wide. There are underground stems which can produce bulbs and new shoots. The leaves do not have leaf stalks. Leaves are alternate, opposite or in rings. They are 3-12.5 cm long by 1-3 cm wide. They are sword shaped and taper. The flowers are large and creamy yellow with purple dots. They occur singly and droop.

HABITAT

A temperate plant. In Nepal plants grow between 2200-3400 m altitude. They grow in moist places. In China it grows in bushy places in mixed forest between 2600-2900 m altitude in S China. It needs protection from frost. It suits hardiness zones 5-9.

PRODUCTION

Cultivation

Plants can be grown from seeds or by bulbs.

NOTES

There are about 100 *Lilium* species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/fe50b815-e09c-48a7-86b6-b20f95073fde>