PLANT FACT SHEET

Parnassia wightiana Wall.

GENUS *Parnassia* **FAMILY** Celastraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It keeps growing from year to year. There are 2-4 stems and they are 18-24 cm long. There are 2-5 leaves at the base and one on the stem.

HABITAT

It is a subtropical plant. In southern China is grows in open valley forests between 600-2,000 m above sea level. In Sichuan and Yunnan.

REFERENCES

Flora of China @ efloras.org Volume 8

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fe5520dc-79aa-4014-9dbe-724e7475d90d