PLANT FACT SHEET

Ophrys speculum subsp. lusitanica Brot.

GENUS *Ophrys* **FAMILY** Orchidaceae

COMMON NAMES Mirror orchid subsp

EDIBLE PARTS AND USES

Edible parts: Root, Bulb

DESCRIPTION

An orchid. It has a tuber or bulb. The plant grows 15-50 cm tall. The flowering shoots have up to 15 flowers. They have green petals and sepals with violet spots. The flower petals are dark.

HABITAT

It is a temperate plant.

NOTES

There are about 140 Ophrys species.

REFERENCES

Ertug, F., 2004, Wild Edible Plants of the Bodrum Area. (Mugla, Turkey). Turk. J. Bot. 28 (2004): 161-174 (As Ophrys vernixia)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/ (As Ophrys vernixia)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fe5e5e8e-84d5-47fc-bd97-dd36e2fac903