PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Paullinia tomentosa Jacq.

GENUS *Paullinia* **FAMILY** Sapindaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A creeper or vine. The leaves are oval and have a few teeth along the edge. The flowers are white and yellow in the centre. The fruit are in groups and are green to yellow and turn red when ripe. The fruit have 3 sections. They split open and have 3 black seeds.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

REFERENCES

Piedra-Malagón, E. M., et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 29

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fe602472-8e43-41b6-8201-6dba0c7a4bdd