PLANT FACT SHEET

Alpinia latilabris Ridl.

GENUS *Alpinia* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Rhizome - spice, Fruit

The rhizomes are used as a spice.

DESCRIPTION

A herb. It grows 3 m tall. The leaves are sword shaped and point at the tip. It tapers to the base. The leaf blade is 40-70 cm long and 4-8 cm wide. The edges are rough. The flowering shoot is 25 cm long and has side branches with 1-3 flowers on each. The fruit is a capsule with 3 sections. There are several large seeds.

HABITAT

It is a tropical plant. It grows in marshy conditions or shallow water. It grows along rivers and canals.

REFERENCES

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Tanaka, Y. & Van Ke, N., 2007, Edible Wild Plants of Vietnam. Orchid Press. p 146 (As Catimbium latilbare)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fe775fb7-a24d-4198-9323-d61cefcedb8a