PLANT FACT SHEET

Asclepias compressidens (N. E. Br.) Nicholas

GENUS *Asclepias* **FAMILY** Apocynaceae

COMMON NAMES Milk weed

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It has a swollen deep-seated underground organ. The plant keeps growing from year to year. The leaves are narrow and spreading. They are 15-85 mm long by 2-4.5 mm wide. There is one flowering shoot at the end of the plant with 4-9 flowers.

HABITAT

It is a subtropical plant. It grows in grassland.

REFERENCES

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fe97d4ac-d634-4b24-bddb-228529730ac3