PLANT FACT SHEET

Cirsium ochrocentrum A. Gray

GENUS *Cirsium* **FAMILY** Asteraceae

COMMON NAMES Yellow spined thistle

EDIBLE PARTS AND USES

Edible parts: Root, Stem

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a temperate plant.

NOTES

There are about 150-250 Cirsium species. They grow in temperate regions.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 231

Mem. Amer. Acad. Arts ser. 2, 4:110. 1849 (Pl. fendler.)

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fe984506-0bcb-4aaa-9c48-2268dee47f8b