



PLANT FACT SHEET

Hyptianthera stricta (Roxb. ex Schult.) Wight & Arn.

GENUS *Hyptianthera* FAMILY Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A shrub or small tree. It grows 2-8 m tall. The branches are flattened and angled. The leaves are oblong and 5-15 cm long by 1-5 cm wide. The flowers are small and white. The fruit are yellowish-green berries. They are 8-9 mm long by 5-6 mm wide.

HABITAT

It is a tropical plant. It grows in forests, along streams and on mountains between 100-1,500 m above sea level. In Yunnan.

NOTES

There is only one *Hyptianthera* species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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Xu, You-Kai, et al, 2004, Wild Vegetable Resources and Market Survey in Xishuangbanna, Southwest China. Economic Botany. 58(4): 647-667.

PROVIDED BY Food Plants International

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/fecf9d8c-5734-4ad9-b78d-0de26324227b>