PLANT FACT SHEET

Impatiens falcifer Hook. f.

GENUS *Impatiens* **FAMILY** Balsaminaceae

COMMON NAMES Sickle balsam

EDIBLE PARTS AND USES

Edible parts: Leaves

The tender shoots are cooked as a vegetable.

DESCRIPTION

An erect herb. It grows about 40 cm high. The leaves are alternate and on stalks. They are oval with teeth along the edge. They are thin in texture. The flowers occur singly. They are yellow and in the axils of leaves. The spur is as long as the rest of the flower. The fruit is a capsule.

HABITAT

It is a temperate plant. In Nepal it grows between 2200-3400 m altitude. In Tibet it grows along riverbanks.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are about 850 Impatiens species.

REFERENCES

Bot. Mag. 129: t. 7923. 1903

Manandhar, N.P., 2002, Plants and People of Nepal. Timber Press. Portland, Oregon. p 271

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fef585d6-5641-4bd7-a4cd-53aaa15b74b5