PLANT FACT SHEET

Sisyrinchium mucronatum Michx.

GENUS *Sisyrinchium* **FAMILY** Iridaceae

COMMON NAMES Needle-tip blue-eyed grass

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves have occasionally been cooked and eaten along with other leaves.
Caution: They should not be eaten in large amounts.

DESCRIPTION

A herb that forms clumps. The stems are flat or 2 sided. The leaves are 1-2 mm wide. The capsules are 3-4 mm long.

HABITAT

It is a temperate plant.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 201

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/fefcf6d1-5946-4dcf-ab9f-da3dc19435c8