PLANT FACT SHEET

Alnus nepalensis D. Don

GENUS *Alnus* **FAMILY** Betulaceae

COMMON NAMES Nepalese alder

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The tender leaves are fermented and used for a tea drink.

DESCRIPTION

A tree.

HABITAT

It is a temperate plant. Arboretum Tasmania.

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Sundriyal, M. & Sundriyal, R. C., 2004, Structure, Phenology, Fruit Yield, and Future Prospects of some Prominent Wild Edible Plant Species of the Sikkim Himalaya, India. Journal of Ethnobiology 24(1): 113-138

Tsering, J., et al, 2017, Ethnobotanical appraisal on wild edible plants used by the Monpa community of Arunchal Pradesh. Indian Journal of Traditional Knowledge. Vol 16(4), October 2017, pp 626-637

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ff282cd1-93e8-46c3-bb33-964228a4877d