



PLANT FACT SHEET

Indigofera hebeptala Benth. ex Baker

GENUS *Indigofera* FAMILY Fabaceae

COMMON NAMES Roiro

EDIBLE PARTS AND USES

Edible parts: Flowers, Fruit

The flowers and tender fruit are cooked as a vegetable, or pickled.

DESCRIPTION

A shrub. It grows to 1.2-5 m tall. It can spread 90 cm across. The leaves have leaflets arranged opposite along the stalk. They are oval and have short hairs on both sides. There are 5-11 leaflets. The leaves are 15-20 cm long. It keeps its leaves in mild climates and is deciduous after frosts. The flowers are pink and along many flowered stalks. The fruit is a pod. It is 3-5 cm long and straight.

HABITAT

A subtropical plant. In Nepal it grows between 1600-2800 m altitude. It grows in open places. It suits hardiness zones 8-11.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are about 500-700 *Indigofera* species. They grow in the tropics and subtropics.

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