PLANT FACT SHEET

Ceropegia barberae (Harv. ex Hook.f.) Bruyns

GENUS *Ceropegia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are cooked.

DESCRIPTION

A herb. It keeps growing from year to year. The tuber is 8-20 cm across. It has an irregular shape. The stem is 10 cm tall. The leaves are wedge shaped to oblong. They taper to a short leaf stalk. The flowers are in 2 opposite groups or up to 25 flowers. The flowers are yellow tubes with red bands.

HABITAT

It is a subtropical plant. It grows in grassland in sand.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 22 (As Brachystelma barberae)

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179 (As Brachystelma barberae)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ffbf58ec-e70c-4b8a-80d1-2e754fa3b725