



PLANT FACT SHEET

Curcuma leucorrhiza Roxb.

GENUS *Curcuma* FAMILY Zingiberaceae

COMMON NAMES Tikar

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root, Starch

The rhizomes yield a form of arrowroot starch.

DESCRIPTION

A ginger family herb. It keeps growing from year to year. It does not have a stem. It grows 60 cm tall.

HABITAT

A tropical plant.

PRODUCTION

Cultivation

Plants can be grown from fresh seeds. They germinate best at a temperature around 20°C. Plants can be grown by division.

NOTES

There are about 50 *Curcuma* species. They are mostly in SE Asia.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY Food Plants International

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/ffe92701-c275-4305-9e42-534bac26b8de>