



Common names

Lamiaceae

Rosemary,

Scientific name

Salvia rosmarinus

Edible portion Leaves,

Description

A herb that keeps growing from year to year. It grows 50 cm to 1 m tall. The flowers are small and pale blue to white.

Distribution

It is a warm temperate plant.

Found in:

Cape Verde, North America, USA,

Use

The leaves are used for flavouring.

Cultivation

It can be grown by tip cuttings or layering.

Production



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Nutritional Values

Salvia rosmarinus

Edible Part	/100 g edible portion	Moisture %	Energy KJ	Energy Kcal	Protein g	Provit A µg	Vit C mg	Iron mg	Zinc mg
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*Helping the Hungry Feed Themselves Well...
... through the strategic use of God's amazing natural resources*

