



**Common names**

**Eastern coral bean,**

Fabaceae

**Scientific name**

***Erythrina herbacea***

**Edible portion**      Leaves, Flowers,



**Description**

A deciduous shrub which keeps growing from year to year. It grows 1.2-6 m high. The leaves have 3 leaflets. The leaves are triangle shaped and 12 cm long. The leaf stalks have prickles. The flowers are bright red. The standard of the flower can be 5 cm long. The flowers clusters are 60 cm long. The fruit are leathery pods. They are 10-20 cm long. The seeds are bright red.

**Distribution**

It is a warm temperate plant. It needs sandy, well drained soil. It needs full sun. It suits hardiness zones 8-10.

**Found in:**

Australia, Central America, Hawaii, Mexico, North America, Pacific, Pakistan, Tasmania, USA\*,

**Use**

CAUTION The seeds are poisonous.  
The flowers are boiled and eaten.  
Young leaves are occasionally cooked and eaten.

**Cultivation**

**Production**



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**Nutritional Values**

*Erythrina herbacea*

Edible Part	/100 g edible portion	Moisture %	Energy KJ	Energy Kcal	Protein g	Provit A µg	Vit C mg	Iron mg	Zinc mg
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*Helping the Hungry Feed Themselves Well...  
... through the strategic use of God's amazing natural resources*

