



Common names

Poaceae

Scientific name

Pogonarthria squarrosa

Edible portion

Description

A grass. It keeps growing from year to year and forms tufts. It grows 1.4 m tall.

Distribution

Found in:

Africa, South Africa,

Use

Cultivation

Production



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Nutritional Values

Pogonarthria squarrosa

Edible Part	/100 g edible portion	Moisture %	Energy KJ	Energy Kcal	Protein g	Provit A µg	Vit C mg	Iron mg	Zinc mg
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