FOOD PLANTS INTERNATIONAL



Helping the Hungry Feed Themselves Well... ... through the strategic use of God's amazing natural resources

Common names Moraceae

Indian mulberry,

Scientific name

Morus indica

Fruit, Buds,

Edible portion

Description

A shrub or small tree. The small branches are hairy when young. The leaves are oval and can have lobes. There are teeth along the edge. The leaves are 4-12 cm long by 3-9 cm wide. Male and female flowers are often on separate branches. The fruit are black when ripe.

Distribution

It is a tropical plant.

Found in:

Africa, Asia, Bangladesh, China, East Africa, Himalayas, India, Japan, Mozambique, Myanmar, Nepal, Northeastern India, Pakistan, Sikkim, Sri Lanka, Tanzania,

Use

The fruit are used to make jams, jellies and drinks. The ripe fruit are eaten fresh. The buds are used as a vegetable.

Cultivation

Production







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Morus indica

		Moisture	Energy	Energy	Protein	Provit A	Vit C	Iron	Zinc
Edible Part	/100 g edible portion	%	KĴ	Kcal	g	μg	mg	mg	mg

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