



Common names

Sissoo, Samba lettuce,

Scientific name

Alternanthera sissoo

Edible portion Leaves, Caution,

Amaranthaceae



Description

A ground cover plant. It keeps growing from year to year. It grows 30 cm tall. The leaves are crinkly and the plant forms roots at the nodes. It can form a ground cover.

Distribution

It is a tropical plant. It can grow in light shade. Brisbane Botanical Gardens. Cairns Botanical gardens.

Found in:

Australia, Brazil, FSM, Hawaii, North America, Pacific, Pohnpei, South America, Tuvalu, USA,

Use

The leaves contain oxalates so should be boiled. If they still irritate the throat change the cooking water.

Cultivation

Plants are grown from cuttings. It benefits from nitrogen.

Production



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