



Common names

Society garlic, Sweet garlic,

Scientific name

Tulbaghia violacea

Edible portion Flowers, Leaves, Root,

Amaryllidaceae



Description

An onion family plant. It is a clump forming plant. It can remain evergreen or die down during the year. It grows 30-60 cm high. It spreads 30 cm wide. The leaves are narrow and 25 cm long. They are grey-green. They have a garlic scent. The flowers are small and funnel shaped. They are pale purple. The stalk is 60 cm tall. They have a sweet scent.

Distribution

It is a Mediterranean climate plant. It occurs naturally in South Africa. It needs moderate moisture but it can be dry while dormant. It needs fertile, well drained soil. It can grow in full sun or light shade. It is hardy to frost. It is drought resistant. It suits hardiness zones 8-10. Melbourne Botanical Gardens.

Found in:

Africa, Australia, East Africa, Hawaii, Pacific, South Africa*, Southern Africa, Tasmania, USA, Zambia, Zimbabwe,

Use

The leaves and flowers are used like chives. The bulbs are used like spring onions. The flowers can be eaten raw or cooked and added to salads or used as flavouring in cooked foods.

Cultivation

Plants can be grown from seeds. It can be grown from offshoots of the plant.

Production

It is fast growing.



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Nutritional Values

Tulbaghia violacea

Edible Part	/100 g edible portion	Moisture %	Energy KJ	Energy Kcal	Protein g	Provit A µg	Vit C mg	Iron mg	Zinc mg
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