



Common names

Scarlet Cordia,

Boraginaceae

Scientific name

Cordia sebestena

Edible portion

Fruit, Bark, Flowers, Seeds,



Description

An evergreen shrub. It can lose its leaves. It grows up to 10 m high. The leaves are oval and the base is sometimes heart shaped. They are 10-20 cm long. There are teeth on the edge near the tip. The flowers are deep red or orange. They are funnel shaped. The lobes spread out. The fruit are large and creamy white. They are fleshy and 2.5 cm across.

Distribution

A tropical plant. It grows in tropical America. It is very salt tolerant. It needs sandy, well drained soil. It needs full sun. It cannot tolerate cold temperatures. It is damaged by frost. It can tolerate drought. It suits hardiness zones 11-12.

Found in:

Antigua and Barbuda, Asia, Australia, Bahamas, Barbados, Belize, Bermuda, Burkina Faso, Caribbean, Central America, Colombia, Cook Islands, Cuba, Dominican Republic, East Africa, Fiji, Guam, Guatemala, Haiti, Hawaii, India, Indochina, Indonesia, Jamaica, Mexico, Micronesia, North America, Pacific, Pakistan, Palau, Puerto Rico, Saudi Arabia, SE Asia, South America, Tanzania, Thailand, Tuvalu, United Arab Emirates, UAE, USA, Venezuela, Vietnam, Virgin Is., West Indies*,

Use

The ripe fruit can be eaten raw. They are also boiled or used in pickles. They are used for jams. The bark and flowers are used to make a sugary syrup.

Cultivation

It can be grown from seed or cuttings. It can also be grown by air-layering.

Production

It is very slow growing. Flowers and fruit are produced all year round.



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Nutritional Values

Cordia sebestena

Edible Part	/100 g edible portion	Moisture %	Energy KJ	Energy Kcal	Protein g	Provit A µg	Vit C mg	Iron mg	Zinc mg
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... through the strategic use of God's amazing natural resources*

