



Common names

Poaceae

**Wu chiao lu chu,**

Scientific name

***Bambusa odashimae***

Edible portion      Shoots,

### Description

A bamboo. It is evergreen and clumping. It grows 10-20 m tall. The stems are 4-12 cm across. There are many branches from lower nodes.

### Distribution

It is a tropical and subtropical plant. It grows in lowland hilly areas.

### Found in:

Asia, China, Japan, Taiwan,

### Use

Young shoots are cooked and eaten.

### Cultivation

Plants can be grown by seed or division.

### Production



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**Nutritional Values**

*Bambusa odashimae*

Edible Part	/100 g edible portion	Moisture %	Energy KJ	Energy Kcal	Protein g	Provit A µg	Vit C mg	Iron mg	Zinc mg
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*Helping the Hungry Feed Themselves Well...  
... through the strategic use of God's amazing natural resources*

