



Common names

Malvaceae

Chicha, Striated sterculia,

Scientific name

Sterculia striata

Edible portion Seeds, Nuts,

Description

A tree. It grows 8-14 m high. The crown is pyramid shaped. The trunk is 40-50 cm across. The leaves are simple. They have 3-5 lobes and are heart shaped. The leaf stalk is 10-11 cm long. The leaves are 24-28 cm long by 18-20 cm wide. The flowers are in groups in the axils of leaves or at the ends of branches. The fruit is made up of 3-5 woody capsules. They are green outside and red inside. They contain 5 seeds each. The seeds are black.

Distribution

It is a tropical plant. It grows in Brazil in the Amazon and savannah. It grows in semi-deciduous forest.

Found in:

Bolivia, Brazil*, South America,

Use

The seeds are eaten fresh or roasted.

Cultivation

Plants are grown from seed. The ripe fruit are harvested and put in the sun to fully open. The seeds are only viable for about 60 days. Fresh seed are planted and germinate in 20-30 days. Seedlings can be transplanted into the field in 5 months.

Production

Plants grow at a moderate rate.



Please Note: Except where otherwise noted, content on this site is licensed under a Creative Commons Attribution 3.0 Licence - this means you can share it freely, as is and with acknowledgement.



Nutritional Values

Sterculia striata

Edible Part	/100 g edible portion	Moisture %	Energy KJ	Energy Kcal	Protein g	Provit A µg	Vit C mg	Iron mg	Zinc mg
Seeds		6.9	1847	442	19.6			8.4	2.3



*Helping the Hungry Feed Themselves Well...
... through the strategic use of God's amazing natural resources*

