



Common names

Lamiaceae

Scientific name

Ocimum x africanum

Edible portion Flowers, Leaves,



Description

A herb.

Distribution

It is a tropical plant. In Yunnan.

Found in:

Africa, Angola, Asia, Brazil, China, India, Indochina, Indonesia, Philippines, SE Asia, South America,

Use

The leaves are used as a vegetable. They also are a spice.

Cultivation

Production



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Nutritional Values

Ocimum x africanum

Edible Part	/100 g edible portion	Moisture %	Energy KJ	Energy Kcal	Protein g	Provit A µg	Vit C mg	Iron mg	Zinc mg
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*Helping the Hungry Feed Themselves Well...
... through the strategic use of God's amazing natural resources*

